



## Area Board Project

### 1. What is the Initiative?

*Positive Parenting Programme. To fund 3 parenting programmes delivered by the Parent Support Advisors for up to 16 parents in each course (maximum total of 48 parents) of children at school in the Melksham cluster of schools.*

### 2. Where is the initiative taking place?

*The courses would take place at Christie Miller Sports Centre*

### 3. When will the initiative take place?

*These courses would take place in May– July 2011, Oct – Nov, 2011, Feb – Mar 2012.*

### 4. What are the Community benefits/evidence of need/links to Community Plan/Community Issue?

*Positive parenting has a massive impact on the lives of children and families.*

*The Parent Support Advisors give a lot of 1:1 support and advice to parents about parenting tips and suggestions re behaviour, boundaries, discipline, communication, relationships, etc.*

*Parents who have been through the Positive Parenting Programme have given overwhelmingly positive feedback re the usefulness of the course. This is largely due to the professionalism and personable approach the PSAs have brought to the delivery of the programme.*

*Children who have the proper support from their parents do better at school, are happier at home and school because of their improved relationships with their parents. Many of the parents who have already been through the programme have attended because they have been 'at their wit's end' and not known where to turn for support in dealing with their children. This programme has and will continue to make the difference to parents now and to children now and into their futures.*

***Extended Services funding cannot sustain these programmes and therefore without external funding they will not be able to continue.***

*Funding is secured for the Melksham Parent Support Advisors posts until Nov 2012. This is funded by Extended Services, for which the budget is held by Melksham Oak Community School.*

*The need for positive parenting has been raised to the area board as an online issue no 1480.*

**5. What is the desired outcome of this project?**

- *Parents are 'skilled up' to better deal with their child's behaviour*
- *Parents feel more confident as parents*
- *Relationships between parents and children are improved which has significant positive impact on child's development and achievement potential*
- *Relationship between parents and school is improved due to improvements in child's behaviour*
- *Professional relationship with Parent Support Advisors developed which often leads to further support and overcoming other challenges in parents' lives.*
- *Parents have a better understanding of their child's needs*
- *Parents are able to recognise and change their actions to support their children more effectively*
- *Parents feel empowered and in control of their lives*
- *Parents feel supported by other parents, and feel that they are not alone*
- *Support groups are formed informally between participating parents to continue support*

**6. Who will Project Manage this initiative?**

*Jonothan Hope, Extended Services Network Co-ordinator, Melksham Oak Community School  
Melksham SN12 6QZ*

**7. Costs/quotes/ match funding? (total cost £5k require 1 quote, total cost £5k-25k require 3 quotes)**

£ 1800.

*Each course is estimated to cost £600. This excludes the PSAs time which is funded by Extended Services.*

- *Christie Miller room hire: £212 for 5 sessions over 8 wks*
- *Course materials (books, sheets, etc.) £388*

*These costs are based on previous costs incurred and are therefore reliable.*

**8. Additional information**

*The PSAs have already delivered 2 successful parenting courses (Triple P) in Jun – July 2010 and Oct – Nov 2010. The funding sought will continue this programme. It will pay for the hire of the space and course materials / resources.*

*The Triple P course is an 8 week course which includes four group sessions, 3 telephone support sessions from PSAs, and a final 8<sup>th</sup> session as a group to share learning and progress.*

*It is an accredited course with a proven track record – recognised and supported by Wiltshire Council Parenting Professionals, including the Children's Trust Board.*

*The course is evaluated and feedback collated. Parents give their honest opinions in a paper questionnaire which is entered online and into a spreadsheet.*

*Parent Support Advisors continue to have contact with parents who have completed the course and can gather informal feedback after the course has finished.*

## **Agenda Item No.12b**

*The impact of this project will be that children's behaviour should improve and parents' confidence in parenting should improve. Parent Support Advisors will continue to monitor progress of parents informally after the programme has finished. These parents are aware that they can request support from the PSAs at any time through their school if they feel that they need it.*